Nutrition Facts

Serving Size 1 Roll (113 grams)
Servings Per Container 4

Amount Per Serving

Calories 358	Calories from Fat 50

	% **Daily Value***
Total Fat 6g	**9%**
Saturated Fat 2.5g	**12%**
Trans Fat 0g	
Cholesterol 5mg	**1%**
Sodium 320mg	**13%**
Total Carbohydrate 68g	**23%**
Dietary Fiber 2g	**6%**
Sugars 36g	
Protein 6g	

Vitamin A 6% •	Vitamin C 0%
Calcium 0% •	Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4