



**"More Than Just Dough"**  
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## WHITE CHICKEN CHILI WITH BEAN

**INGREDIENTS:** WATER, CHICKEN, GREAT NORTHERN BEANS, GREEN CHILIS (GREEN CHILI PEPPERS, SALT, CITRIC ACID), PEPPER JACK CHEESE (CULTURED MILK, WATER CREAM, JALAPENO PEPPERS, SODIUM CITRATE, SALT, RED BELL PEPPERS, SORBIC ACID (PRESERVATIVE), LACTIC ACID, SODIUM PHOSPHATE, ARTIFICIAL COLOR, ENZYMES, LECITHIN), ONIONS, BLEACHED ENRICHED WHEAT FLOUR (MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (CREAM, SALT), CHICKEN FAT, CHICKEN BASE [COOKED CHICKEN (CHICKEN MEAT, CHICKEN STOCK, CHICKEN FAT), SALT, SUGAR, WHEY PROTEIN, HYDROLYZED CORN PROTEIN, DEHYDRATED ONION, TURMERIC, DISODIUM INOSINATE, DISODIUM GUANYLATE, FLAVORING], MODIFIED FOOD STARCH, GARLIC, SALT, JALAPENO PEPPERS, SPICE.

**THIS PRODUCT CONTAINS: MILK, WHEAT.**

**PRODUCT HANDLING:**

**STOVE TOP:** REMOVE THAWED SOUP FROM PACKAGE INTO COVERED POT. STIR FREQUENTLY ON LOW HEAT.

**BOIL-IN-BAG:** FROM FROZEN: 25-30 MINUTES; FROM THAWED: 10-15 MINUTES.

IN EACH APPLICATION ABOVE, THE DESIRED FINAL TEMPERATURE IS 170°-180°F. DO NOT BOIL. HEATING TIMES ARE APPROXIMATE.

**KEEP FROZEN**

**NET WT 48 OZ**  
**(3 LB) (1.36kg)**



## Nutrition Facts

Serving Size 1 cup (227g)  
 Servings per Container 6

**Amount Per Serving**

**Calories 280** Calories from Fat 110

**% Daily Value\***

**Total Fat** 13g **19%**

Saturated Fat 6g **28%**

Trans Fat 0g

**Cholesterol** 65mg **22%**

**Sodium** 510mg **21%**

**Total Carbohydrate** 20g **7%**

Dietary Fiber 5g **18%**

Sugars <1g

**Protein** 22g

Vitamin A 6% • Vitamin C 20%

Calcium 15% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**MFD FOR THE CHIP SHOPPE BY:  
 AT LAST! GOURMET FOODS, INC.  
 MINNEAPOLIS, MN 55404**

